



WEEK 8 TERM 1

Dear Parents and Carers,

Please be aware that reports of head lice continue and so we ask all families to make regular checks for eggs and live lice. I have included a few useful tips and facts about head lice in the newsletter and this can be found on page 5.

NAPLAN

The Grade 3 and 5 students have been amazing during the NAPLAN testing period. They have managed to overcome technical issues, shown great resilience, persevered, all the while continuing to do their best. The Numeracy test will take place today and catch up tests for any student who has absent will take place over the coming days.

Royal Children's Hospital Good Friday Appeal

Raffle tickets are now on sale at lunchtime for the Easter Raffle. 50 cents per ticket or 3 for \$1.

All families are asked to consider donating items for the raffle. Suggested donations include chocolate eggs, Easter baskets, Easter-themed craft items, colouring books, and soft toys.

Donations can be left at the front office or given to classroom teachers and will be gratefully received by the Junior School Council. The raffle will be drawn on the last day of Term.

Easter Hat Parade

The Easter Hat Parade will be held on Thursday 2nd April at 9:00am in the Shedatorium. To avoid a last-minute rush, now is a great time to start planning and creating an Easter hat.

Moorabool Small Schools Sports Day

Our whole school sports day will be held on Tuesday the 31st of March. This is a fun day and parents are invited to come along and cheer our students on. Notes have been sent home and we ask that they be returned promptly.



Industrial Action

The AEU (Australian Education Union) has announced that their members will take industrial action on Tuesday the 24th of March. At this stage I am unsure of the exact number of staff who will be taking action but know the school will remain open and that priority will be given to providing supervision to:

- primary school aged children of critical service workers who are unable to make alternative arrangements
- students who may be vulnerable including students with disability or in out of home care.

Respectful Relationships

A parent information session on Respectful Relationships will be held on Friday the 20th of March in the Library. Learn about what is being taught in Respectful Relationships, how we teach social and emotional skills and ways you can support your child.

Excursions - notes to return

A number of excursions have been arranged. Your prompt return of permission notes and payment would be greatly appreciated.

- Grade Prep/1 – Ballarat Wildlife
- Grade 3-6 – Edenvale Farm Excursion
- Whole School – Moorabool Sports Day
- Grade 1/2 – Aquarium

Kitchen / Garden Studies

Grade 3-6 students have been extremely busy creating a new herb garden and preparing the veggie tubs readiness for planting. A new worm farm has been set up and the compost bin has received a face lift so that we can make better use of our scraps. This week savoury muffins is on the menu for cooking.



HAPPY BIRTHDAY

Billie Mc and Una

We hope you had a wonderful day celebrating your special day with family and friends.



Principal's Awards

Billee - For demonstrating persistence in her writing.

Zara - For displaying gratitude in her learning.

Olympiada - For giving all her work her best shot!

Aoife - For her commitment to high quality work in literacy.

Geneiveve - For being a caring and supportive classmate.

Lincoln D - For always trying your best with your learning.



READING NIGHTS AWARD

25 Nights Reading

| | |
|------------|-----------|
| Clementine | Bodie |
| Leo | Billie Mc |
| Billy B | Ben T |

50 Nights Reading

| | |
|---------|-------|
| Maxwell | Iris |
| Amarah | Poppy |
| Mark | |

75 Nights Reading



Important Dates

March

- 11th - 20th NAPLAN testing
- 18th Gr P/1 excursion to Ballarat Wild Life Park
- 20th Respectful Relationship Parent Information session
- 23rd Gr1/2 excursion to the Aquarium
- 25th Gr 3-6 Excursion to Edenvale Farm
- 31st Small Schools Sports Day - Mason Lane

April

- 2nd 9:00 Easter hat parade
- School dismissed at 2:30 for Term 1 holidays
- 3rd Good Friday - Public Holiday School holidays begin
- 20th Term 2 begins
- 28th BMPSSA Athletics Carnival for Years 4/5/6

May

- 8th BMPSSA Cross Country Carnival
- 8th Mother's day Breakfast
- 26th Curriculum Day

June

- 9th & 10th Sovereign Hill Excursion
- 12th Winter Sports Years 4/5/6
- 15th -25th whole School Swimming Program
- 2th School dismissed at 2:30pm for Term 2 Holiday

July

- 13th Term 3 commences

August

- 12-15th Billabong Ranch Camp, Echuca
- 28th Summer Sports Years 4/5/6

September

- 2nd Father's Day BBQ breakfast
- 18th School dismissed 2:30 for Term 3 holidays

October

- 5th Term 3 begins
- 19th - 21st Melbourne Camp
- 28th School Photo Day

December

- 15th School Concert
- 18th Last day of the school year





Coimadaai Primary School

We are on Wurundjeri Land

Respectful Relationships

PARENT INFORMATION SESSION!



Friday 20th March



2:30 PM



In the School Library



Join **Hannah** from the **Central Highlands Respectful Relationships Team**
& **Renae** – **Mental Health & Wellbeing Leader**

Learn About:



What's taught in Respectful Relationships



How we teach social & emotional skills



Ways families can support at home



Q&A Session



RSVP Online!

RSVP Link on Compass



Ask a Question!

Anonymous Question Link
on Compass



Head lice and nits

Head lice are tiny insects that live and breed in hair. Nits are the eggs of head lice.

Head lice cannot fly; they spread by crawling from one person to another.

Itching is the most common sign of head lice; however, many people do not get itchy.

It is important to treat head lice to stop them from spreading. The two main ways to get rid of head lice are wet combing with conditioner or using chemical treatments.

There is no way to prevent head lice. To stop the spread, you should check your child's hair regularly and treat any head lice or nits as soon as possible.

Signs and symptoms of head lice

Head lice are very common, particularly in children. The main symptom of head lice is itching from their bites.

Other symptoms include:

- Red and irritated scalp
- Tickling feeling on the head
- Visible head lice and nits in the hair or on the scalp.

Many people with head lice do not get itchy. If your child has been exposed to head lice or nits, you should check their hair - even if they do not show symptoms.

How to get rid of head lice - Treatments for head lice

Wet combing and chemical treatments are the two main ways to treat head lice. Some people combine treatments to improve their chances of treating all the head lice and nits.

Wet combing

This treatment involves using conditioner and a fine-tooth lice comb to remove head lice and nits from the hair. While conditioner does not kill head lice or nits, it helps trap them, making it easier to comb them out. Using a white conditioner can make it easier to spot the lice.

This method requires patience and care. Comb slowly and thoroughly, as any head lice and nits left behind can lead to another case of lice.

Chemical treatments

Chemical treatments are sold at most pharmacies and supermarkets. These products contain insecticides designed to kill lice. After applying the treatment, use a lice comb to check the hair. If you find dead lice, the treatment has likely worked. If you see live lice, it may not have been effective. Most chemical treatments do not kill nits, so it is important to repeat the treatment seven days later to target any lice which may have hatched since the first treatment.

Make sure to follow the instructions of chemical head lice treatments closely. Most chemical treatments are not recommended for children under two years, except on medical advice. Wet combing is recommended in younger children.

Treating the whole family

Head lice can easily spread through households, particularly with young children. If one of your children has head lice, it is best to check the whole family - even if they do not have any symptoms. You should treat anyone with head lice.

Do head lice prefer clean or dirty hair?

There is no evidence that head lice prefer clean or dirty hair, nor do they favour certain hair types.

Are head lice a sign of bad hygiene?

Head lice and nits are not a sign of poor personal hygiene, nor of an unclean home. Anyone can get head lice.

How often should I check my child for head lice and nits?

As a rule of thumb, it is a good idea to check your child for head lice and nits every three to four days after contact with a known case of lice. You can check more often if you notice your child itching their head a lot.